

<b>Module Title:</b>	Contraception, healthy relationships and healthy sexuality	<b>Level:</b>	6	<b>Credit Value:</b>	20
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<b>Module code:</b>	NHS694	<b>Is this a new module?</b>	Yes	<b>Code of module being replaced:</b>	N/A
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<b>Cost Centre:</b>	GANG	<b>JACS3 code:</b>	B712
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<b>Trimester(s) in which to be offered:</b>	1	<b>With effect from:</b>	October 16
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<b>School:</b>	Social & Life Sciences	<b>Module Leader:</b>	Diana Hughes-Morris
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Scheduled learning and teaching hours	30 hrs
Guided independent study & clinical experience	170 hrs
Placement	0 hrs
<b>Module duration (total hours)</b>	200 hrs

<b>Programme(s) in which to be offered</b>	Core	Option
Standalone module aligned with Specialist Community Public Health Nursing and BSc (Hons) Health, Wellbeing and Community (for non Youth and Community students) for QAA and assessment purposes	✓	
BSc (Hons) Primary Healthcare / Graduate Diploma Primary Healthcare		✓

<b>Pre-requisites</b>
The following pre-requisites will apply: 120 credits at Level 5 Previous study relating to child protection (L2 or above)

Office use only

Initial approval September 16

APSC approval of modification *Enter date of approval*

Have any derogations received SQC approval?

Version 2

Yes  No

**Module Aims**

The aim of this module is to enable health care and allied professionals / practitioners working with young people to develop knowledge and skills pertaining to the delivery of information relating to relationships, sexual health, sexual diversity and contraception, prescribing contraception by those in a professional position to do so.

**Intended Learning Outcomes**

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

At the end of this module, students will be able to		Key Skills	
1	Critically review theoretical aspects of sexual development, relationships and sexual diversity within the paradigm of the biopsychosocial approach to health.	KS1	KS7
		KS4	KS9
		KS5	
2	Demonstrate knowledge of sexually transmitted disease and contraception and competently identify and critically assess and discuss appropriate interventions for individuals, groups and 'vulnerable groups' requiring sexual health services	KS1	KS4
		KS2	KS5
		KS3	KS6
		KS7	
3	Appraise and discuss policy, legislation and the law relating to sexual health, ethical issues and codes of practice exercising sound judgment in relation to a range of situations but with particular reference to termination of pregnancy, confidentiality and Fraser competency.	KS1	KS5
		KS3	KS6
		KS4	KS7
4	Demonstrate clinical competence in delivery of relevant contraception, pregnancy testing and service direction discussing rationale for choices made.	KS1	KS5
		KS2	KS6
		KS3	KS7

Transferable/key skills and other attributes

1. Demonstrate excellent verbal and written communication skills
2. Exercise initiative and personal responsibility
3. Demonstrate the independent learning ability.
4. Demonstrate competency in record keeping
5. Demonstrate competence in the use of libraries, databases and the internet to identify and subsequently use scholarly reviews and primary sources such as refereed research and original material relevant to the subject being studied.
6. Demonstrate ability to make decisions in complex and unpredictable situations
7. Manage risk.

**Derogations**

None

**Assessment:**

1. The student will be required to write a critically reflective report based upon a 'critical incident' from practice.
2. The student will be required to complete a professional portfolio providing evidence of clinical competency.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2,3	Reflective practice	100%		2500
2	4	Portfolio	Pass/Refer		

**Learning and Teaching Strategies:**

A variety of teaching and learning strategies will be used in the classroom and in practice. Lead lectures will be provided to address core concepts on the module. At least 30 hrs of contact time will be spent exploring specific case studies, problems, group discussion and tutorials to enable students to apply core concepts to the field of sexual health. This will be supported through further materials and discussion via the University VLE. Visiting speakers, shared learning, role play and simulation will be used to enable inter professional approaches to sexual health practice which is followed up in practice based learning.

Practice based learning will introduce students to the role of the sexual health workers and the key responsibilities of other disciplines whilst exploring various forms of contraception, sexually transmitted infections, termination of pregnancy and the management of these issues. An experiential strategy, including direct observation and indirect supervision, guided practice, observed independent practice, verbal and written feedback will be used to support students learning. Students will be provided with a formative review of their practice development in relation to sexual health.

**Syllabus outline:**

1. Biopsychosocial aspects of health
2. Theoretical aspects of sexual development, relationships and sexual diversity.
3. Concepts of 'vulnerable groups' and child protection issues.
4. Policy, legislation and the law relating to sexual health within varied age groups and cultures, including the law in relation to termination of pregnancy, Fraser competency and confidentiality.
5. Patient.
6. Group Directives
7. Evidence based practice relating to sexually transmitted infections, treatments, various forms of contraception, pregnancy testing and service provision intends
8. Psycho social impact on services users when faced with difficult decision making

**Bibliography:**

**Essential reading**

Burtney, E. & Duffy, M. (2004) Young People and Sexual Health: individual, social and policy contexts. Palgrave Macmillan, Hampshire

Everett, S. (2014) Handbook of Contraception and Sexual Health. 3rd Ed. Routledge. London

French, K. (2009) Essential Clinical Skills for Nurses. Sexual Health. Wiley-Blackwell. West Sussex.

Guillebaud, J. & MacGregor (2013) Contraception: Your questions answered. Elsevier. Edinburgh.

**Other indicative reading**

McVeigh, E., Guillebaud, J. & Homburg R. (2013) Oxford Handbook of Reproductive Medicine and Family Planning. 2nd 2d. Oxford University Press. Oxford.

Skolnik, N.S., Clouse, A.M., Woodward, J. A. (2013) Sexually Transmitted Diseases: A Practical Guide for Primary Care. 2<sup>nd</sup> ed. Humana Press New York

Wellings, K, Mitchell, K., & Collumbien, M. (2012) Sexual Health: A Public Health Perspective. Eds. Open University Press. Berkshire

**Relevant Policy documents**

DOH (2013) A Framework for Sexual Health Improvement in England.  
<https://www.gov.uk/.../a-framework-for-sexual-health-improvement-in-e>. accessed January 2016

DOH (2015) Abortion statistics, England and Wales: 2014

<https://www.gov.uk/government/statistical-data-sets/abortion-statistics-england-and-wales-2014> accessed January 2016

NAW (2010-2015) Sexual Health and Well-being Plan for Wales, NAW  
[www.shnwales.org.uk/Documents/485/Strategy%20\(English\).pdf](http://www.shnwales.org.uk/Documents/485/Strategy%20(English).pdf)

NAW (2013) Our Healthy Future, <http://wales.gov.uk/topics/health/ocmo/healthy/?lang=en>  
accessed January 2016

Public Health Wales (2013) HIV and STI trends in Wales, Surveillance Report,  
Public Health Wales, Cardiff.  
[www.wales.nhs.uk/.../HIV%20and%20STI%20trends%20in%20Wales%...](http://www.wales.nhs.uk/.../HIV%20and%20STI%20trends%20in%20Wales%...) Accessed  
January 2016

*Public Health Wales (2015) Sexual Health in Wales Surveillance Scheme (SWS)*  
Quarterly Report, September 2015. Public Health Wales, Cardiff  
<http://www.wales.nhs.uk/sites3/page.cfm?orgid=457&pid=27846> accessed January 2016

Welsh Assembly Government (2014) Teenage conceptions. WAG  
<https://statswales.wales.gov.uk/>